

Summer 2019 Volume 1, Issue 2

RECURING CHAPTER EVENTS

GA20 Breakfast Social (9:00 am)

GA20 Station tour (KSU following breakfast)

GA20 Monthly Gathering & Dinner Social (6:30 pm)

GA20 Breakfast Social (9:00 am)

GA20 Station tour (KSU following breakfast)

GA20 Monthly Gathering & Dinner Social (cancelled)

GA20 Breakfast Social (9:00 am)

GA20 Station Tour KSU following Breakfast)

GA20 Monthly Gathering & Dinner Social (6:30 pm)

GA20 Breakfast Social (9:00 am)

GA20 Station tour (KSU following breakfast)



GA Chapter 20 members Joe and Aimee Combs at the Xenia Fire Department, in Xenia, Ohio getting their 'X' checked off for their alphabet Tour on June 14, 2019. (photo: Xenia FD Personnel)



	00	

CHAPTER OFFICERS President

Joe Combs II (912) 222-9494 joemcombsii@gmail.com

Vice-President

Bill Keener (912) 571-7124 keen183@aol.com

Treasurer

Tommy 'Pappy' Dixon

Secretary

Yvonne 'Buttercup' Johns

Head Road Captain

Brian 'Bones' Stewart

Chaplain

Rhett 'Socks' Fairfield

Quartermaster Aimee Combs

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Summer 2019

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ANNOUNCEMENTS

We Want YOU!!!



If you are a FIREFIGHTER (Career, Volunteer, Retired) In the Brunswick, Georgia area With access to a motorcycle YOU are eligible for membership

In the

Red Knights International Firefighters Motorcycle Club

Contact one of our members or visit our website for details

Loyal to Our Duty

SAVE THE DATES

9/7

9/14

(3/C)

More to come in next edition...

	DATE	SHIFT	EVENT NAME
<u>JUNE</u>			
	6/1	(3/C)	GA20 Breakfast Social & Station Tour
	6/21	(2/B)	GA20 Jim Cochran Remembrance Social
	6/27	(2/B)	GA20 Gathering & Dinner Social
<u>JULY</u>			
	7/4	(3/C)	Independence Day
	7/6	(2/B)	GA20 Breakfast Social & Station Tour
	7/11	(1/A)	GA20 Executive Board Meeting
	7/13	(3/C)	GA20 Shop with a Firefighter Benefit Ride (see flyer)
	7/25	(3/C)	Golden Isles H-D Front Porch Bike Night
	7/27	(2/B)	Golden Isles H-D Amber Whited Remembrance Ride
AUGUS	<u>ST</u>		
	8/1	(1/A)	Nation of Patriots Flag Tour Arrive @ Golden Isles H-D
	8/2	(2/B)	Nation of Patriots Flag Tour Escort to Savannah H-D
	8/3	(3/C)	Nation of Patriots Flag Tour Escort to Low Country H-D (Charleston, SC)
	8/10	(1/A)	GA20 Breakfast Social & Station Tour
	8/22	(1/A)	GA20 Gathering & Dinner Social
	8/22-25 (All)		RKMC Annual Conference, Hosted by NH 9, Enfield NH.
	8/30	(3/C)	GA20 5th Friday Feast - Dinner Social
SEPTE	MBER		

Note: Additional details will be provided via email and website as the event dates approach.

Breakfast Social & Station Tour

GA20 9-11 Remembrance Ride benefiting Explorer Post #343



Chartered March 4, 2010

Summer 2019

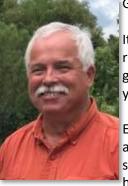
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WORDS FROM YOUR BOARD

THOUGHTS FROM THE PRESIDENT: Joe

Greetings GA 20 and Friends.



It's hard to believe that we are already half way through the year. I guess time really does fly when you're having fun.

Even though there have been several events that we have not been successful getting off the ground we have had a very busy several

months.

Personally I have enjoyed several firsts in the last few months. Starting with attending my first Dixie Rally in Mississippi with Aimee and several other Brother and Sister Red Knights. There was lots going on and the host Chapter MS 3 did a great job. Aimee and I are already talking about, and looking forward to going to the Rally next year in Kenner, LA, just outside New Orleans. I encourage all GA20 members to try to make it as I am sure the more we have present to more fun we'll all have.

Not long ago I also embarked on what several stated was 'silly' or 'crazy' when I headed to Ohio for the weekend, 750 miles in about 12-hours each way. While there, Aimee and I were able to get by Xenia FD and get the 'X' for our Alphabet tours. Hopefully we'll be able to get the remaining letters checked off later this year. Speaking of the Red Knights tours, I'm going to be putting together some rides to help members get their tours. I'm planning on starting with the 'FIREHOUSE' and 'RED KNIGHT' tours. Obviously stopping at other stations as time allows as we happen upon them.

Also, on this trip I rolled over 100,000 miles on the Road King. This brings up the topic of safety and maintenance. As we all know this is of paramount importance and insuring that your motorcycle is being maintained properly, either by a shop or by yourself. Proper maintenance can help prevent accidents and ensure that you have enjoyable days of riding. Take a few minutes before every ride and check your bike to insure it's safe and ready

for the ride.

Let's get on with the year and continue having fun and riding.

Have Fun, Stay Safe, and keep the shiny side up,
— Joe C

TREASURER: Pappy



TREASURERS NOTES...June 5, 2019

Hello to all from the treasury! It has been a very busy time for us all and we are only ½ way through the year! Our popularity has picked up and our members continue to grow as we do what we do. As some of you may have heard, we have finally completed and sent in for our 501-C-3 tax exempt status, now we stand

by for the government wheel to start turning and await our their "okie dokie". Remember to try and make the meetings and events for your chance to win at 50/50!

Stay safe and healthy, "Pappy"

QUARTERMASTER: Aimee



Patches, patches, and more patches. We still have lots of patched to get issued. If you are missing any patches and/or want something extra please get with me or come to a meeting and get what you are missing.

– Aimee





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HEAD ROAD CAPTAIN: Bones



10 tips to beat dehydration this summer.

Tips to avoid dehydration this summer:

Don't drink too much alcohol the night before a ride. It has a diuretic effect which means it causes you to urinate more water than you take in which means you are losing

fluid. And you can't counteract that by drinking lots of water because most of it will go out in your urine. Obviously, don't drink alcohol while you are riding!

- Start drinking water as soon as you wake and keep sipping water right up until you get on your bike. It takes about half an hour for water to reach your muscles. Guzzling water just before a ride is not good as it can make your stomach to cramp.
- Wear ventilated motorcycle clothing. Leathers may protect you better in a crash, but they create a "microclimate" which impairs your ability to lose heat. As a result you will produce more sweat to decrease your core temp. Instead, wear a flow-through jacket. There are heaps of options on the market. Make sure they have vents in the back so the air flows through. Also, loosen the sleeves so you get plenty of air on your wrists which have a lot of blood vessels close to the skin to effectively cool you down. However, be aware that a flow-through jacket cools you down because it is drying the sweat off your skin which can lead to dehydration. Don't be fooled by your level of coolness as ventilation can also cause you to lose more water, So you still need to keep drinking plenty of water.
- Don't be tempted to remove your jacket in the heat! Exposed skin may feel cooler, but that's because the sweat is evaporating quicker, but that is just making you more dehydrated. And while your skin feels cool, you'll be tricked into staying in the sun longer which leads to sunburn. That also leads to dehydration because your body needs water to repair and renew damaged skin.

- 5. Get a Camelbak or other brand of water-dispensing unit so you can continue to take small sips of water while you are riding. I've seen riders with cup holders so they can take slurps from a water bottle. That's obviously not as safe as the hands-free Camelbak option, but anything is better than nothing. Some people don't like Camelbaks because the water gets hot, but the temperature of the water doesn't affect dehydration.
- 6. Stop more often than usual and hang out in the shade or in an air-conditioned cafe. Since you are drinking lots of fluids, you will probably need to stop anyway!
- 7. While you're stopped, have a coffee, but take it easy. No need to swear off your favorite caramel latte, but avoid excess coffee. That also goes for caffeinated drinks such as Energy Drinks. High levels of caffeine have a diuretic effect just like alcohol.
- 8. While having a coffee break, avoid having too many sweet cakes, donuts and muffins. Sugar can dehydrate you if it gets to very high levels in your blood. This can happen if you are a diabetic, take certain medications or have an infection or some organ diseases. Sugar causes your kidneys to produce more urine to eliminate the sugar, leading to dehydration. Likewise, don't drink too many sugary drinks. Best to stick to plain water, real fruit juices with no added sugar or drinks such as Sport Drinks that replace salts and minerals lost in sweat.
- 9. We've talked a lot about urine and it's important that you monitor its color. It should be lite tan or nearly clear in color. If it's dark, you are dehydrated.
- 10. Sweat also depletes your body of sodium and if it becomes too low, it can cause many of the same symptoms as dehydration. The average diet probably has enough sodium, but it's good to have a little bit of salt on your meals or drink sports drinks that have a sodium supplement. However, beware of sports drinks with caffeine and sugar.

—Bones



Chartered March 4, 2010

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FIRE SERVICE & MOTORCYCLES



Among the peaceful missions assigned to the sidecar, the transport of wounded is an "old moon" of the military to which they cling until the eve of the second war! This Harley-Davidson is hitched to a French Vannod crate recognizable by the star that adorns the "nose".

BONUS SUBMISSION

WHY YOU NEED UM INSURANCE:

Having the right insurance coverage can make all the difference if you are involved in a collision that is not your fault. State minimum required liability coverage is \$25,000 per person with \$50,000 maximum payout per incident. This amount is rarely adequate to pay for the severity of injuries that motorcyclists and their passengers often experience when involved in a crash, yet it is what many at-fault drivers carry. To help provide additional coverage for your injuries should you be hit by an uninsured, or under-insured motorist, make sure that you have Uninsured/Underinsured motorist coverage or UM coverage added to your motorcycle policy. Be sure that the UM coverage amount is at the same level as the liability coverage limits. \$25,000 / \$50,000 is the minimum coverage required by law and generally insufficient. \$250,000 / \$500,000 is what many insurance agents recommend and may be adequate for most people. Unfortunately, bikers may require more due to the severity of their injuries. Lastly (and equally as important), make sure that your UM coverage is "Added-On" coverage, and not "Reduced" coverage. "Added-on" UM coverage only costs a few dollars more than "Reduced" coverage, and makes the full amount of your UM coverage available to compensate you in addition to the at-fault driver's liability insurance (provided that their level of liability coverage was not enough to compensate you for your injuries). It only takes a few minutes for your insurance agent to either quote you a change or make a change to your motorcycle insurance policy, so give your agent a call today to discuss the adequacy of your coverage.

Remember: Although not required by law, it is important to buy "Added-On" UM coverage at levels equal to your liability policy limits to help provide an avenue of recovery for you and your family should you be injured on your motorcycle at the hands of a negligent driver.

Chuck Watwood LawBike.com 770-650-0016



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GA 20 TRADING POST



2007 Harley-Davidson Softail Custom

Very Clean. Runs Perfect. LOW MILEAGE (8700). Comes with windshield, saddle bags, original pipes plus the installed Vance & Hines pipes, installed Double seat and spare low ride seat with back-pad and 4-helmets. For more information or photos, contact Shane via text (229) 630-8006. \$6,000.00



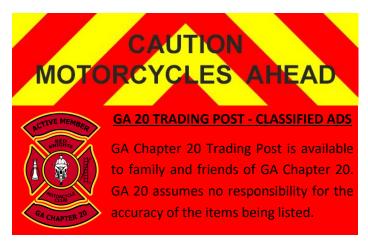
Harley-Davidson Touring Seat FLH

Briefly installed on a 2000 Road King. It should fit Harley-Davidson FLH Touring 1997-2007. Many will fit multiple years and models, but please check to be sure. Item is used and contains normal wear and is sold as is. Rear screw attachment tab is not included, but is available aftermarket or off your seat. \$165.00, Buyer pays actual shipping. For more information or photos, contact Joe via text (912) 222-9494.



Kuryakyn Bagtec Full Dresser Luggage

Kuryakyn Bagtec Full Dresser model 4140. Only used once or twice. In great condition. Asking \$125.00. Buyer pays actual shipping. Ccontact Gray via text (912) 230-9315.





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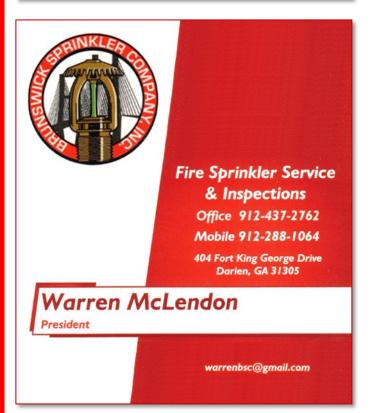
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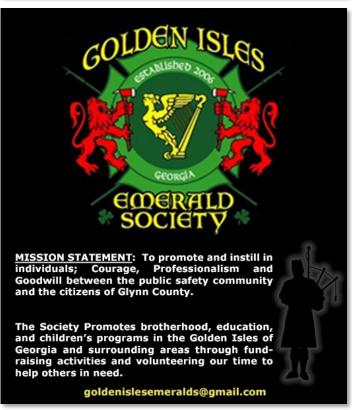


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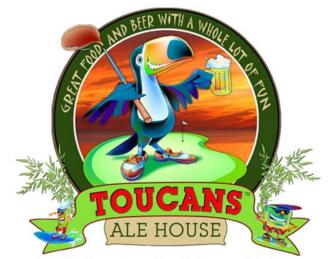
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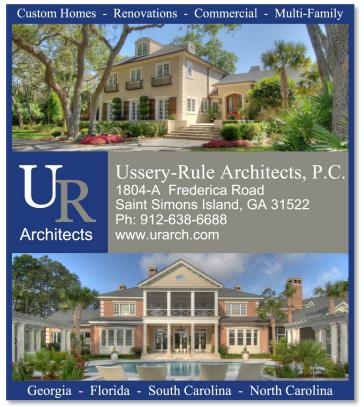




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HOURS

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The Red Knights MC - GA Chapter 20 is proud to host the annual "Shop with a Firefighter" Proceeds support the Golden Isles Emerald Society's Shop with a Firefighter program.

("Shop with a Firefighter" benefits needy or neglected children from across Glynn County at an annual event in December. Each year, "Shop with a Firefighter" provides a joyful shopping experience for underprivileged children who, without this event, may not experience one. The participating children are identified by schools, churches and social services agencies.)

